

AMPTHILL WELCOME PACK

www.ampthill.info



The Essential Guide for Residents Old and New

Inside this Welcome Pack

Introduction	2	Where to go if you need help	16 - 18
Brief History of Ampthill	3	Town Voluntary Groups	19 - 26
Map of Ampthill	4	Volunteer Opportunities	27 - 29
Town Communications	4 - 5	Local Events	30
Local Government and Local MP	5 - 9	Leisure and Recreation	31
Refuse and Recycling	10	Tourism	32 - 38
Emergency Services	10 - 11	Plans for the Future of the Town	38
Town Facilities and Services	12 - 15	About Ampthill.Info	39

Introduction



Dear Resident or Future Resident,

Welcome to the town of Amphill to residents old and new.

In this welcome pack you will find lots of useful information about our town, including clubs, facilities and useful phone numbers, email addresses and websites.

Residents have commented, in the past that they have lived here for years without realising the full extent of facilities, services and opportunities available, so the aim of this pack is to put that right.

Please feel free to print off pages from the pack or the whole forty page guide. Alternatively, you may wish to keep a copy on your computer for future reference. The aim is that the pack will be regularly updated.

The information contained in the pack is expanded upon via Amphill's two premier websites, **Amphill – Past Present and Future** (www.amphill.info) and the **Amphill and District Business Directory** (www.amphill.org.uk). Both websites are the brainchild of long time Amphill Resident, Mark Smith, as is this Welcome Pack, with a mission to keep the town informed, engaged and empowered.

You can additionally follow the latest information about Amphill via the **Amphill.Info Facebook Page**

I'm sure you will soon learn that our community holds so much for you and if you have any questions please do not hesitate to get in touch. I would also ask that if you have any suggestions for other information that should be included in the Welcome Pack that you also contact me.

I hope that you find the pack of use as you go about your daily lives.

Yours sincerely

Marks Smith

Tel: 01525 402560

Email: mark.a.smith@amphill.org.uk

Websites: www.amphill.info,
www.amphill.org.uk &
www.marksmith.org.uk



Amphill is twinned with Nissan-Lez-Enserune, France
www.nissan-lez-enserune.net

Brief History of Ampthill

Ampthill is a Georgian Market Town with a more interesting and significant history than many towns of a much larger size. With its attractive buildings and unique charm it rarely fails to cast its spell on residents and visitors alike. Many of the town's Georgian fronted buildings can be seen from the Market Square. However, behind these facades lies a much older history. With its many assorted shops, places to eat and rich history a visit to Ampthill has much to offer.

The ancient market town of Ampthill is situated under the brow of the Greensand Ridge. There is no clear evidence about the town's origin but it is thought it was once a Roman settlement. The first documentary evidence of a settlement on the site of the town is in the Domesday Book.

The name 'Ampthill' is of Anglo-Saxon origin, as the first settlement was called 'Aemethyll', which literally means either 'ant-heap' or 'ant infested hill'. In 1219, King Henry III confirmed the right to hold a market on Thursday's in the town and this remains a fixture of life in Ampthill to this day.

The town is associated with Henry VIII who often visited Ampthill for deer hunting and archery contests. He chose to stay at the 15th century castle that once stood within Ampthill Park. His wife Katherine of Aragon was confined to the castle for three years during the annulment of their marriage. The castle no longer stands, falling to ruins during the reign of Elizabeth 1st; its site is marked by a stone cross, erected in 1773, known as Katherine's Cross. Coincidentally, Katherine's Cross gained additional fame in the latter part of the 20th Century, as it was at the base of this monument that the 'Golden Hare' was buried, as detailed in Kit Williams book 'Masquerade'.

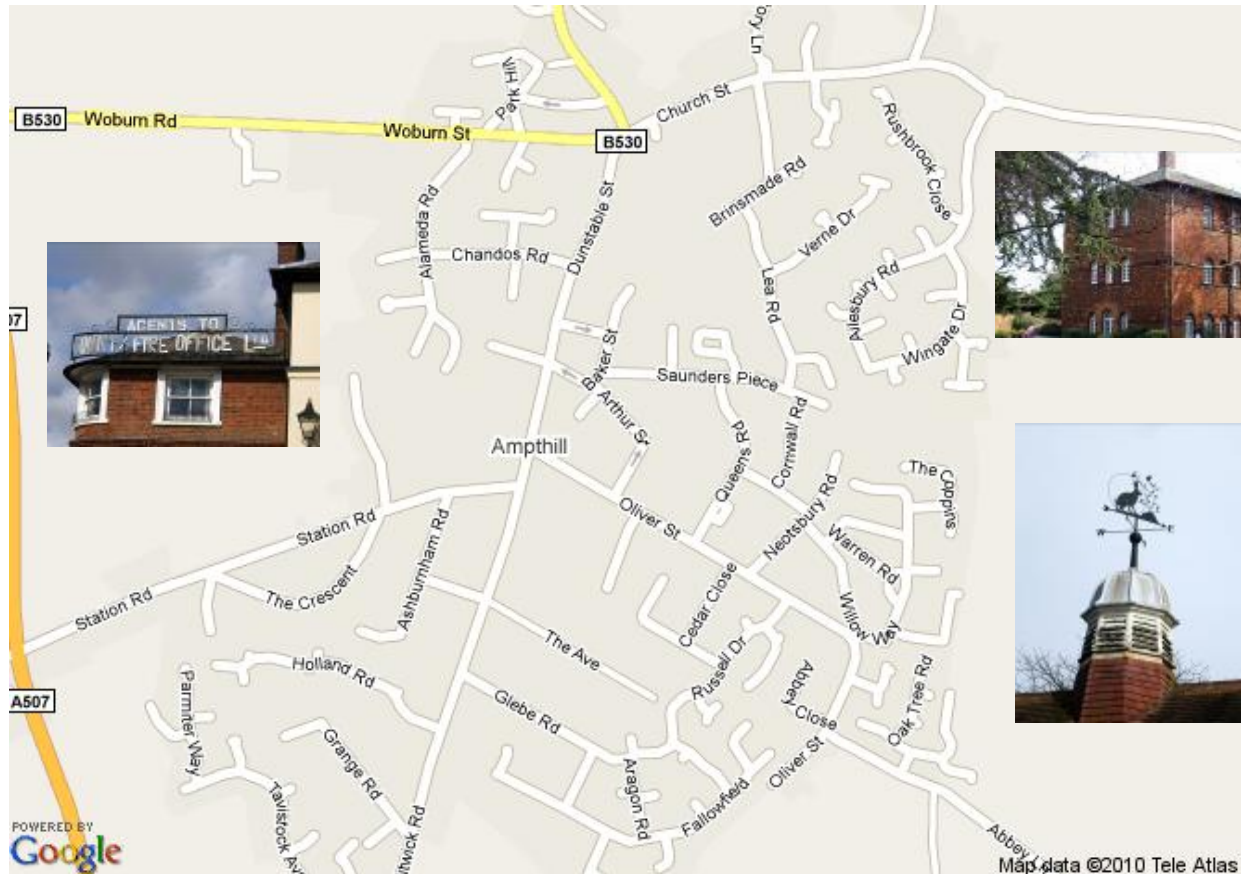
Ampthill Great Park, situated off of Woburn Street, is a great place visit as not only was it the home of Ampthill Castle, but the landscape we enjoy today was created by the renown 18th Century Landscape Designer Lancelot 'Capability' Brown.

The town is much older than its Georgian fronts with many buildings dating back to the medieval period. Ampthill boasts over 200 listed buildings. The four main streets lined with elegant houses and other buildings meet at the Market Square. The Square is dominated by the clock tower (the clock came from the old Market hall on site of Richardson's, then moved to Old Moot Hall placed in new tower and given Cupola from Ampthill house). An obelisk pump also occupies part of the Square. It was a gift to the town in 1785 by Lord Ossory and was a major source of water for the townsfolk for almost two centuries.

St. Andrew's Church contains a monument dedicated to Colonel Richard Nicolls, the man responsible for giving New York its name. In 1664, King Charles II gave his brother, James, the then Duke of York, all of the Atlantic Coast from Maine to Delaware. Richard Nicolls was given the task of capturing the Dutch Colonial City of New Amsterdam, on Long Island, which lay within this swathe of land. He did so, by threatening to destroy the Dutch fort, on what is now Manhattan Island, with a flotilla of British warships. The Dutch capitulated, and Nicolls upon accepting the surrender, renamed the city after his commanding officer, the Duke of York. He subsequently became the first colonial governor of New York. Nicolls was killed in a naval battle and the cannon ball that killed him is incorporated in the memorial plaque.

John Bunyan's 'House Beautiful' in 'Pilgrim's Progress' Houghton House, widely acclaimed as the inspiration for John Bunyan's 'House Beautiful' in 'Pilgrims Progress' (Published in 1678), is located to the north east of the town. It is contended that Bunyan used the landscape of Bedfordshire, as the backdrop for his classic allegorical tale. Unfortunately, only ruins now once great house.

Map of Ampthill



Town Communications

Town Newsletter:

- **Around the Pump:** Contact Details – Donna Searle, Ampthill Town Council, 66 Dunstable Street, Ampthill, Beds, MK45 2JS. Tel: 01525 404355. Email: d.searle@ampthilltowncouncil.org.uk. Delivered to every household in the town every two months. Download copies from www.ampthilltowncouncil.org.uk.
- **The Fuddler** - available from local pubs and shops. Contact: martin@thefuddler.co.uk or ring 01525 841434. Website: www.thefuddler.com
- **The Ampthill & Flitwick Directory** (Bedfordshire Oracle) - Delivered to every house in the town. Contact: Pemberley Publications at info@thebedfordshireoracle.com or by ringing 01234 215191.

Notice boards:

- Town Council Notice boards (Town Centre Car Park – on the side of the toilet block & Ampthill Hall, Dunstable Street). To display posters contact Ampthill Town Council – 404355
- Other Notice boards: Waitrose Supermarket, Cottage Bakery (Dunstable Street), Candy Joys (Russell Drive)

Town Communications

Town Websites:

- **Ampthill – Past Present & Future** – www.ampthill.info – your gateway to everything Ampthill
- **Ampthill & District Directory** - www.ampthill.org.uk - your guide to the plethora of shops and businesses in the town
- **Ampthill Town Council** – www.ampthilltowncouncil.org.uk – the Town Council's site
- **Ampthill Weather Station** - www.ampthillweatherstation.info – discover the latest weather forecast for the town
- **Ampthill TV** – www.ampthill.tv - video & photos of current and past events
- **Ampthill Images** - www.ampthillimages.com – historic images of the town
- **Ampthill History** – www.ampthillhistory.co.uk – the history of the town from Ampthill History Forum
- **Around Ampthill Forum** - www.aroundampthill.org/forum - all the salacious gossip from the town

Local Government and Local Member of Parliament

Ampthill Town Council

- Website: www.ampthilltowncouncil.org.uk
- 66 Dunstable Street, Ampthill, Beds, MK45 2JS. Tel: 01525 404355.
- **Town Clerk:** Dawn Sutherns – d.sutherns@ampthilltowncouncil.org.uk



Your Councillors are:

- **Sally Bacon** (Vice-Chair & Planning Chair), 1 Glebe Road, Ampthill. Tel: 754977. Email: sbaconuk@yahoo.co.uk
- **John Bingham**, 14 Cedar Close, Ampthill. Tel: 402888.
- **Mike Blair**, 4 Lyme Road, Ampthill. Tel: 404513. Email: mike.blair@mbca.org.uk
- **Michael Cook**, 27 Park Street, Ampthill. Tel: 07833 046118. Email: michael.cook@kpmg.co.uk
- **Paul Duckett**, 62 Ampthill Road, Maulden. Tel: 07988 184061. Email: duckettcomms@yahoo.com
- **Sue Hinkin**, 46 Grange Road, Ampthill. Tel: 402910. Email: susan.page5@btopenworld.com
- **Penny Foster**, 30 The Coppins, Ampthill. Tel: 754747. Email: pennyfoster@ntlworld.com
- **Mark Smith**, 6 Sidney Road, Ampthill. Tel: 402560. Email: mark.a.smith@ampthill.org.uk. Web: www.marksmith.org.uk
- **Roy Tebbutt** (Parks Chair), 25 Holland Road, Ampthill. Tel: 755730. Email: roy.tebbutt@ntlworld.com
- **Steve Whittaker**, 1 Aragon Road, Ampthill. Tel: 630879. Email: stephenw.whittaker@yahoo.com
- **Margaret Wilson** (Mayor), 15 Chandos Road, Ampthill. Tel: 750296
- **Margaret Wright**, 2a Brinsmade Rd, Ampthill. Tel: 402060. Email: barrywright@btclick.com



Parish Council Meetings take place on the third Wednesday of every month (except August) and anyone is welcome to attend and talk to the council for up to three minutes on any subject at a

Local Government and Local Member of Parliament

Ampthill Town Council



Services provided:

Ampthill Town Council is responsible for the following:

- **Allotments** - Everett's Field (51 Plots) and Grange Farm (29 Plots). Waiting list in operation
- **Ampthill Town Cemetery** - Approximately 2 Acres, off Gas House Lane (Garden of Remembrance, Traditional & Lawn Burials). A full copy of the regulations and fees and charges are available from the Town Council Offices upon request.
- **Ampthill Park** - Approximately 160 acres of parkland and woodland, including a Children's Play Area, Toilets, Tennis Courts, Ampthill Town Cricket Club, Ampthill Town Football Club and Ampthill Angling Club. The Park is cared for by a Senior Park Keeper and three assistants. Charges are made in respect of camping by Cadet Organisations/Youth Clubs/School Parties, Orienteering, Cross Country Events, Caravan Parking by registered organisations, the release of pigeons and use by Circuses. Please contact the Council with your enquiries. Free parking available for users visiting the Park. (* The Tennis Courts are open to all and are free of charge to use but please confine your play to 30mins duration if there are other people who are waiting to play.)
- **Bus Shelters** - Bedford Street (2), Dunstable Street (1) and Flitwick Road (1).
- **Car Parks** - Town Centre Car Park (free 2 hour parking). The Sands Car Park, Woburn Street - free parking (The car park r/o Aragon Housing Assoc., off Chandos Road is available weekends and bank holidays, courtesy of Aragon Housing Association.)
- **CCTV** – there are 5 monitored CCTV cameras. Two in the town centre, one in Ampthill Park, one at the top Oliver Street and one in the area behind Preston Court
- **Christmas Lights** - The 'Friends of Ampthill's Christmas Lights' help raise money each year to assist with the putting up and taking down of the town's wonderful Christmas lights and they also organise the annual Switch on Event. The Town Council provides the Christmas tree on the Market Square.
- **Cooper's Hill** (aka The Firs) - Approximately 30 acres of lowland heath land of national importance. The site has been designated a site of Special Scientific Interest by English Nature and was declared a Local Nature Reserve in 1980 by Bedfordshire County Council. Cooper's Hill is one of the few remaining examples of the heaths which once stretched across Bedfordshire along the Greensand Ridge. This attractive area, brightly colourful when the heather is in bloom and when the gorse flowers, provides a home for a number of uncommon plants and invertebrates. Owned by Ampthill Town Council the heathland is managed by a group including local volunteers and representatives from Town and Country Councils, Bedfordshire & Cambridgeshire Wildlife Trust, Bedfordshire Natural History Society and English Nature. All management requires the approval of the owners and English Nature. In order to protect the site when you visit the reserve keep to the footpaths and discourage other people from doing the things that may cause damage such as dumping litter, riding horses or bikes on the footpaths or being careless with matches. If you would like to help with the voluntary work please contact The Wildlife Trust on 01234 364213.

Local Government and Local Member of Parliament

Ampthill Town Council



- **Flower Baskets** - Provision of hanging baskets in the town centre for spring/summer.
- **Grass Cutting & 101 Roundabout** - The Council contracts out agency grass cutting and footway weed control in the town. Maintenance of the 101 Roundabout on the Bypass is carried out by the Town Council on behalf of Beds County Council. Sponsorship money is received to off-set the maintenance costs of the roundabout.
- **Kings Arms Path Gardens** - Gardens located off of Kings Arms Path, which can be accessed from King Arms Path Courtyard, off Church Street. The 'Friends of the Garden' manage this woodland garden of about two acres on behalf of Ampthill Town Council and welcome volunteers to join them. There are regular open days throughout the year and specials openings can be arranged by appointment. Contact: 01525 755648. See the events page for open days.
- **Market (Charter)** - Thursday Charter Market, held in the Town Centre Car Park, off Church Street offering a variety of goods and fresh produce.
- **Market Square** - (Including maintenance of the Town Pump & the Town Clock)
- **Public Toilets** - Town Centre Car Park, off Church Street, Ampthill. Hours of opening 8.00am to 5.00pm Monday to Saturday and 10.00am to 4.00pm on Sunday.
- **Public Halls** - The Nottingham Rooms, Woburn Street can hold up to 120 people. To hire this venue please contact the Town Council for details of availability.
- **Road Verges** - The Council carries out a programme of planting Spring flowering bulbs in grass verges on the 4 main access roads to the town.
- **Street Lighting** - The maintenance of Street Lights bearing the initials 'A' or 'BA' are the responsibility of the town council, whereas those bearing the initial 'B' are the responsibility of Bedfordshire County Council. Please report any faults to the relevant authority.
- **Verne Drive** - The public open space is the responsibility of the town council.

Central Bedfordshire Council

Your Unitary Authority Councillors are:

Mike Blair (Conservative), 4 Lyme Close, Ampthill, Beds, MK45 2LB. Tel: 01525 404513. Email: mike.blair@centralbedfordshire.gov.uk

Paul Duckett (Conservative), 62 Ampthill Road, Maulden, Beds, MK45 2DH. Tel: 07988 184061. Email: paul.duckett@centralbedfordshire.gov.uk

Mark Smith (Independent), 6 Sidney Road, Ampthill, Beds, MK45 2RJ. Tel: 01525 402560. Email: mark.smith@centralbedfordshire.gov.uk. Web: www.marksmith.org.uk



Central Bedfordshire Council
www.centralbedfordshire.gov.uk



Local Government and Local Member of Parliament

Services provided (with contact details):

A

Abandoned / End of life vehicles	0300 300 8631
Access to Children's Services Records	0300 300 8094
Adoption and Fostering	0300 300 8090
Adult Education Community Learning	0808 100 3140
Archaeology and Historic Environment Record Advice	0300 300 8091
Arts Development	0300 300 8096
Automated Payments	0300 300 8030

B

BEaR Project	0300 300 8034
Bedfordshire and Luton Archives and Records Service	01234 228833
Bedfordshire Music	0300 300 8102
Benefit Fraud Hotline	0300 300 8022
Births, Deaths, Marriages	0300 300 8089
Blue Badge Scheme	0300 300 8035
Bogus Callers	08454 040506
Building Control (general enquiries)	0300 300 8635

Building Control (Inspection Hotline)	0300 300 8116
Bulky Waste Collection	0300 300 8631

C

Carers Helpline	0300 300 8036
Cemeteries	01234 353701
Children with Disabilities	0300 300 8097
Child Protection	0300 300 8149
Choice Based Lettings	0300 300 8697
Commons and Village	0300 300 8084
Community Development	0300 300 8117
Community Grant Aid	0300 300 8637
Community Safety	0300 300 8000
Concerns about your child's school	0300 300 8105
Concessionary Bus Passes	0300 300 8041
Conservation	0300 300 8692
Consumer Advice	08454 040506

Contaminated Land	0300 300 8642
Coroner's Office	0300 300 8143
Council Housing	0300 300 8007
Council Housing Repairs	0800 0740263
Council Tax and Business Rates Recovery, Housing Benefit Overpayment	0300 300 8011
Council Tax Direct Debit Hotline	0300 300 8012
Country Parks, Country Walks and Countryside Sites	0300 300 8085

D

Dangerous Structures / Buildings	0300 300 8690
Deaf and Hearing Impairment	0300 300 8115
Dog Warden Service	0300 300 8631
Domestic Violence	0300 300 8103

E

Economic Growth / Development	0300 300 8644
Elections and Electoral Registration	0300 300 8008
Emergency Out of hours service (e.g. Repairs, Homelessness, Noise Nuisance)	0300 300 8098
Environmental Health -general enquiries	0300 300 8642

F

Family History and Genealogy	01234 228833
Family Youth and Information Service (FYIS)	0300 300 8119
Fly tipping	0300 300 8631
Food Safety Advice and Enforcement	0300 300 8642
Footpaths and Bridleways	0300 300 8085
Free School Meals	01234 228948

G

Garages - Council owned	0300 300 8686
General Enquiries	0300 300 8000
Grass Cutting	0300 300 8631



Local Government and Local Member of Parliament

H

High Hedges 0300 300 8692
Highways 0300 300 8049
Home Care Service 0300 300 8087

Homelessness 0300 300 8650

L

Learning Disability 0300 300 8100
Leisure Centre - Flitwick 0300 300 8045
Libraries - Ampthill 0300 300 8053

Libraries - General Enquiries 0300 300 8060
Licensing (taxi/private hire) 0300 300 8647
Listed Buildings 0300 300 8692
Local Development Framework (LDF) 0300 300 8000

M

Minerals and Waste Applications 0300 300 8693

N

Noise Nuisance 0300 300 8642
Nurseries, Playgroups 0300 300 8119

O

Occupational Therapy 0300 300 8050
Older Peoples Team 0300 300 8033
Older Persons Housing and Careline Services 0300 300 8146

P

Parking 0300 300 8005
Pavements 0300 300 8049
Physical Disability 0300 300 8124
Planning 0300 300 8692

Planning Enforcement 0300 300 8121
Play Ranger 0300 300 8072
Pollution (air quality, water quality, 0300 300 8642

Potholes 0300 300 8049
Public Rights of Way 0300 300 8085

R

Recycling 0300 300 8631
Revenues and Benefits Customer Accounts 0300 300 8010
Road Safety 0300 300 8074
Road Salting 0300 300 8049

S

Safeguarding Vulnerable Adults 0300 300 8122
School Transport 0300 300 8133
Schools Admissions 01234 718120

Social Services Emergency Duty 0300 300 8123

Special Educational Needs 0300 300 8128
Street Cleaning 0300 300 8631

T

Tastes of Bedfordshire 0300 300 8079
Tourist Information Centre - Sandy 01767 682728

Trees and Landscapes 0300 300 8692

W

Waste Collection 0300 300 8631
Welfare Rights 0300 300 8112

Y

Youth Participation 0300 300 8681

Local Member of Parliament

Your local MP is: **Nadine Dorries** (Conservative)

Email: dorriesn@parliament.uk

Correspondence: **House of Commons, London SW1A 0AA.**

Telephone: **020 7219 4239.**

Blog: <http://blog.dorries.org>

To find out details about my regular help and advice surgeries in the constituency, contact the Mid-Bedfordshire Conservative Association Offices in Shefford: **Mid-Bedfordshire Conservative Association, St Michael's Close, High Street, Shefford, Bedfordshire, SG17 5DD. Tel: 01462 811992.**



Refuse and Recycling

Refuse and recycling collection days:

Collections take place on Tuesday. Waste is collected weekly – once a fortnight for recyclables (green bin or orange bag) and garden rubbish and once a fortnight for household (black bin). Weekly for food waste (small brown bins).

Full details can be obtained by contacting:

- **Central Bedfordshire Council** Phone: **0300 300 8631**
- Email: customer.services@centralbedfordshire.gov.uk
- Website: www.centralbedfordshire.gov.uk/environment-and-planning/recycling/domestic_bins/default.aspx



Nearest Recycling Centres

Your nearest recycling centre is:

- **Amphill Recycling Centre**, Abbey Lane, Off Oliver Street, Amphill, Beds, MK45 2SA.
- Tel: (01525) 403611.
- Website: www.centralbedfordshire.gov.uk/environment-and-planning/sustainability/Recycling/household-waste-recycling-centres.aspx

Emergency Services

Ambulance Service

In an emergency, call the Ambulance Service on: **999**

Alternatively, call **NHS Direct: 0845 46 47**

Your nearest hospitals with A&E departments are:

- **Bedford Hospital** - Kempston Road, Bedford, MK42 9DJ. Main Switchboard: 01234 355122. Website: www.bedfordhospital.nhs.uk
- **Luton & Dunstable Hospital** - The Luton and Dunstable Hospital, Lewsey Road, Luton LU4 0DZ. Website: www.ldh.nhs.uk



Fire Service

In the event of a fire, call the Fire Service on: **999**

Police

In an emergency, call the Police on: **999**

For non-emergencies contact:

- **Amphill Police Station**, Woburn Street, Amphill, MK45 2HX
- Tel: **01234 841212**
- Text: **07786 200011**



Emergency Services

Local Resilience Forum

The Bedfordshire and Luton Local Resilience Forum

(www.blrlf.org.uk) - was formed in 2004. It brings together the emergency services, local authorities, National Health Service and other agencies (including the voluntary sector) which are all required to respond to any major emergency in Bedfordshire and Luton. Emergencies may include flooding, terrorism, the effects of extreme weather, transport disasters or pandemic influenza. The Forum have launched a new website, 'What would you do if..?' at www.whatwouldyoudoif.co.uk which will help our community feel more prepared in the face of an emergency.



British Telecom fault reporting

- To report a telephone fault Phone: **0800 800 151**
- To check or track phone or broadband problems online Web: www.bt.com/consumerFaultTracking/

Electricity helpline

If you spot a potential hazard on or near an overhead electricity line warn anyone in the vicinity to evacuate the area and contact the **National Grid**:

- Phone: **0800 40 40 90**
- Website: www.nationalgrid.com/uk/Electricity

In the event of a power cut please contact our local provider, **EDF Energy**:

- Phone: **0800 783 8838**
- Website: www.edfenergy.com

Gas helpline

To report an emergency, call the **National Gas Emergency Service**:

- Phone: **0800 111 999** (this line is available 24 hours a day).
- Web: www.nationalgrid.com/uk/Gas/Safety/Emergency/

Water helpline

If you find a leak or burst pipe in your home, you should telephone a plumber immediately.

If you see a water leak or burst pipe in the road, on a pavement or any other place, phone

Anglian Water Leak Line:

- Phone: **0800 771 881** (this line is available 24 hours a day).
- Website: www.anglianwater.co.uk

Town Facilities and Services

Businesses

- There are too many businesses within Ampthill include in this Welcome Pack, so visit the Ampthill & District Business Directory (www.ampthill.org.uk) for full details

Churches

- **St. Andrew's Parish Church** (Church of England), Church Square, off Church Street, Ampthill Bedfordshire - Minister: Reverend Michael Trodden, The Rectory, Rectory Lane, Ampthill Bedfordshire - Website: www.standrewsampthill.org
- **Ampthill Baptist Church** - Dunstable Street, Ampthill, Bedfordshire, MK45 2JS. Tel: 01525 841682 (Monday to Friday, 9:30am to 12:30pm) - Minister Stephen Plummer - Web Site www.ampthillbaptist.org.uk
- **Ampthill Methodist Church** - Dunstable Street, Ampthill, Bedfordshire - Minister Reverend Joanne Sherwood, Epworth, 26 Orchard Way, Flitwick, Bedfordshire – Website: <http://ampthillmethodist.org>



Community Hall

- **Parkside Hall** - Woburn Road, Ampthill. Booking Secretary: Eileen Summerfield. Tel: 01525 Phone: 01525 634215. Website: <http://parksidehall.webs.com>

Dentist Practice

- **K S Saxby & Associates** - Wilmington Lodge 19 Dunstable Street Ampthill Bedford Bedfordshire MK45 2NJ. Tel: 01525 403205

Delivery services

- **Milk delivery – Maulden Dairies** - Warren Farm, Woburn St, Millbrook, Beds. Tel: 01525 402206
- **Newspaper delivery - Martin The Newsagent Ltd** - 17 Church Street, Ampthill, Beds, MK45 2PL. Tel: 01525 404314 or **Candyjoys** - 37a Russell Drive, Ampthill, Beds, MK45 2TX. Tel: 01525 402509

Doctors Surgeries

- **Greensand Surgery** - The Health Centre, Oliver Street, Ampthill, Beds, MK45 2SB. Appointments: 01525 631391. General Enquiries: 01525 631390. Website: www.greensandsurgery.co.uk
- **Houghton Close Surgery** - 1 Houghton Close, Ampthill, Bedford, MK45 2TG. Tel: 0844 815 1055. Website: www.houghtonclosesurgery.co.uk
- **Oliver Street Surgery** - Oliver Street, Ampthill, Bedford, MK45 2SB. Tel: 01525 631395. Website: www.oliverstreetsurgery.co.uk

Town Facilities and Services

Library

- **Amphill Library** - Dunstable St, Amphill, Bedford, MK45 2NL. Tel: 01525 402278

Opticians

- **Alders Opticians** - 17 Bedford Street, Amphill, MK45 2LU. Tel: 01525 403647. Website: www.aldersopticians.com

Playgroups/Pre-schools

- **Ladybird** - www.ladybirdplaygroup.org.uk
- **Jack & Jill** - www.jackandjill.org.uk

Post Office

- **Amphill Post Office/Martin The Newsagent Ltd** - 17 Church Street, Amphill, Beds, MK45 2PL. Tel: 01525 404314

Schools

- **Russell Lower School** (caters for children age 4+ to 9 years) - Queens Road, Amphill, Beds, MK45 2TD. Tel: 01525 755664. Website: www.russell.lower.co.uk
- **The Firs Lower School** (caters for children age 4+ to 9 years) - Station Road, Amphill, Beds, MK45 2QR. Tel: 01525 402735. Website: www.firslower.co.uk
- **Alameda Middle School** (caters for children age 9 to 13 years) - Station Road, Amphill, Beds, MK45 2QR. Tel: 01525 750900. Website: www.alamedamiddleschool.co.uk
- **Redborne Upper School and Community College** (caters for children age 13 to 18 years) - Flitwick Road, Amphill, Beds, MK45 2ND. Tel: 01525 404462. Website: www.redbornecommunitycollege.com



Town Facilities and Services

Shops

- There are too many shops within Ampthill include in this Welcome Pack, so visit the **Ampthill & District Business Directory** (www.ampthill.org.uk) for full details

Supermarket

- **Waitrose** - 25 Bedford Street, Ampthill, Beds, MK45 2LU. Tel: (01525) 402277. Opening Hours: Monday to Saturday - 8.30am to 8pm, Sunday - 11am to 5pm. Website: <http://digbig.com/5bcrtt>



Pubs

- **The Albion** - 36 Dunstable Street - 402113
- **The Stables Bar** (behind of White Hart Hotel) - 121 Dunstable Street - 840150
- **Engine & Tender** - 11 Dunstable Street - 403319
- **The Old Sun** - 87 Dunstable Street - 405466
- **Ossory Arms** - 9 Arthur Street - 754664
- **Prince of Wales** (inc. Bed & Breakfast Accommodation & Restaurant) - 24 Bedford Street - 840504
- **Queens Head** - 16 Woburn Street - 405016
- **White Hart Hotel** (inc. Bed & Breakfast Accommodation) - 121 Dunstable Street - 0870 270133
- **Wingfield Club Social Club** - 37 Church Street - 403321



Town Facilities and Services

Restaurants/Cafés/Take Aways

- **Alameda Tandouri Indian Restaurant** - Old School, Woburn Street - 405570
- **Amphill Tandouri** - 119 Dunstable Street - 404024
- **Arena Indian Cuisine** - Basement, 111 Dunstable Street - 403361
- **Amphill Fish & Chip Shop** - 89 Dunstable Street - 403373
- **Chinatown Take Away** - Off Bedford Street & the Town Centre Car Park
- **Coffee Pot** - 114 Dunstable Street - 841473
- **Cooks Collection Coffee Shop** - rear of 4B Bedford Street - 402023
- **Dew Drop Chinese Restaurant** - Over 111 Dunstable Street - 840096
- **Donatello's Italian Restaurant** - 91 Dunstable Street - 404666
- **Fajitas Mexican Restaurant** - Kings Arms Yard, Off Church Street - 404303
- **Fratelli Cucina Italiana Restaurant** - 111 Dunstable Street - 405551
- **Hong Kong Restaurant** - Off Bedford Street & the Town Centre Car Park - 841288
- **Meedou Chinese Take Away** - 4 Bedford Street - 402527
- **Rajgate Indian Restaurant** - 8 Bedford Street - 404418
- **Thai Chillhouse Restaurant** - White Hart Hotel, 121 Dunstable Street - 406910
- **Ye Olde Coffee Shop Coffee Shop** - 9 Church Street



Transport

- **Community - Flitabus** - Travel from Amphill to: Amphill - Monday & Thursday (Thursday is Market day); Bedford - Wednesday; Flitwick - Thursday & Friday; Milton Keynes - 3rd Tuesday of each month. Timetables available from Amphill Post Office & Amphill Library. Enquiry Desk 01525 406561 & **Mid Beds Link-A-Ride** - A transport service for elderly and disabled people in the Mid Beds area. You need to register before you can use this service. There is a one off joining fee of £5. Tel: 01525 840511. Email: link.a.ride@freenet.co.uk.
- **Public Transport - Stagecoach**: Jupiter Service (to and from Bedford - Dunstable) - www.stagecoachbus.com/bedford/ & **Grant Palmer**: www.grantpalmer.com/Passenger_Services/index.htm
- **Rail – Flitwick Station** (2 miles from the centre of Amphill) – Operator: **First Capital Direct** (Bedford to Brighton via London) - www.firstcapitalconnect.co.uk

Where to go if you need help

National Resource

Turn2us

Turn2us, the new independent charity that helps people access the money available to them - through welfare benefits, grants and other help. Our free, accessible website is a comprehensive and invaluable resource that helps you find sources of financial support, quickly and easily, based on your particular needs and circumstances. In some cases, you can make online enquiries to grant-giving charities listed on the site. Website:

www.turn2us.org.uk

Local Resources

- **Age Concern Bedfordshire** - 78/80 Bromham Road, Bedford, MK40 2QH. Age Concern Bedfordshire is a charity working with and for all older people in the county. Our range of services includes Information & Advice, Home Help, Handyperson scheme and Clubs. Tel: 01234 360510. Website: www.ageconcernbeds.com
- **Ampthill & District Good Neighbours** - Mark Smith (Chairman), 6 Sidney Road, Ampthill, Beds, MK45 2RJ. Tel: 01525 402560. Tel: 07833 314903 (Enquiry Line). Email (if you want to volunteer): mark.a.smith@ampthill.org.uk. Website: www.ampthillgoodneighbours.info. - A voluntary group that provides a link between those residents needing help and those who are willing to offer it in Ampthill, Maulden and Millbrook. The Group acts as a safety net for all residents, young and old. Using local volunteers Ampthill & District Good Neighbours builds on existing help already provided in the area and also fills gaps in that provision. Are you interested in becoming a volunteer? Volunteering for the scheme could not be easier, as the Group are interested in utilizing your skills and experience to help those residents needing help."



- **Bedford Credit Union** - 6 St Paul's Square, Bedford, MK40 1SQ. Credit unions aim to help you take control of your money by encouraging you to save what you can, and borrow only what you can afford to repay. A credit union may suit you if you want the flexibility to save what you can, when you can; you prefer a local cooperative that does not need to make profits for outside shareholders; or for any reason you are having difficulty opening an account with a high-street bank or building society. Tel: 01234 346352. Email: margaretwells@bedfordcreditunion.org.uk. Website: www.bedfordcreditunion.org.uk



**BEDFORD
CREDIT UNION LTD**

Where to go if you need help

- **Bedford & District Audio News** (incorporating Ampthill & Flitwick Talking Newspaper) - the object of the charity is to relieve the blind, or the partially sighted, or those labouring under some temporary or permanent incapacity or disability which makes reading a strain, by the provision of recorded tapes, or CDs or tactile reading matter. To this end, the local newspapers are recorded on a 60 min cassette each week and sent out free of charge to some 60 listeners. Mailing is free, courtesy of Royal Mail 'Articles for the blind' service. Tel 01234 216370. Website: www.bdan.org.uk
- **Bedfordshire Rural Communities Charity** - The Old School, Cardington, Beds, MK44 3SX. Supporting rural communities across Bedfordshire with initiatives such as the Carers Short Breaks Bureau, Good Neighbours schemes etc. Tel: 1234 838771. Website: www.bedsrcc.org.uk. BRCC operate the very distinctive Rave Bus (see picture below)



- **Carers in Bedfordshire** - Carers in Bedfordshire is a not-for-profit Registered Charity for all family carers and run by carers. They also offer a 24 hour support line for all family carers with an out of hours direct link to the Social Services Emergency Duty Team. Working to prevent today's carers becoming tomorrow's cared for. Tel: 01234 214914. Website: www.carersinbeds.co.uk
- **Carers Short Breaks Bureau** - Bedfordshire Rural Communities Charity operate the Carers Short Breaks Bureau, which supports the unpaid carer by enabling them to take a break from caring by providing them with vouchers to exchange with professional care agencies. They also provide a carers helpline. Additionally, home visits can be arranged if necessary. Beds Rural Communities Charity, The free phone 0800 039 1234 (The bureau is staffed Monday to Friday 9am to 3pm with a 24 hour answer phone). Website: www.bedsrcc.org.uk



Where to go if you need help

- **Community & Voluntary Service (CVS)** – 43 Bromham Road, Bedford, MK40 2AA. CVS is the local Council for Voluntary Service for Bedford Borough and North Central Bedfordshire. The Charity helps voluntary groups to set up, develop and locate sources of funding. Tel: 01234 354366. Email: mark@yourcvs.org. Website: www.yourcvs.org
- **Disability Resource Centre** - the Centre is a focal point for disability services throughout Bedfordshire. Their aims are to enable disabled people and their carers to have easy access to the information and equipment they required to live independently, to encourage the involvement of disabled people in the provision of services, to promote awareness of the needs of disabled people and to encourage collaborative services for disabled people. Poynters House, Poynters Road, Dunstable, Bedfordshire, LU5 4TP. Tel: 01582 470900. Website: www.drcbeds.co.uk
- **Hospice at Home Volunteers - West Mid Beds and Ivel Valley** - 10 Dane Lane Wilstead, Beds, MK45 3HT. Tel: 01234 743063. Email: soniabanks5@aol.com. Aims to befriend, listen and give practical help to patients with life-threatening illnesses and their families in Mid Bedfordshire and Ivel Valley. We visit patients in their homes for up to 3 hours per week.
- **Job Centre Plus** - Wyvern House, Bromham Road, Bedford, MK40 2EH. The local job centre most easily reached from Ampthill. Tel: 01234 361500. Web: www.jobcentreplus.gov.uk
- **Mid Beds Citizens Advice Bureau** - The Court House, Woburn Street, Ampthill, Beds, MK45 2HX. The Citizens Advice service helps people resolve their legal, money and other problems by providing free information and advice. Tel: To book an appointment or request telephone please contact the bureau between 9:30 and 2:30 Monday to Thursday on 01525 402742. Website: www.midbedscab.org.uk
- **Sight Concern Bedfordshire** - 116 Bromham Road, Bedford, Bedfordshire, MK40 2RN. Sight Concern Beds is the county's leading service providing voluntary organisation for blind and partially sighted people and operates from offices in Luton and Bedford. Tel: 01234311555. Website: www.sightconcern.org.uk
- **Volunteer Centre Bedford** – 43 Bromham Road, Bedford, MK40 2AA. The local volunteer centre for Ampthill. Volunteering can be such fun, filling spare time, enhancing your CV etc. Tel: 01234 213100. Email: vb@bedfordvb.org.uk. Website: www.volunteeringbedford.org.uk



Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- **Air Training Corps (ATC) - 1985 (Flitwick) Squadron** - The Cadet Centre, Woburn Street, Ampthill, Beds. Tel: 01525 406700 (may only be answered on parade evenings). Email: 1985sqn@bedscambswgac.org - A voluntary youth group which is part of the Air Cadet Organization of the Royal Air Force
- **Ampthill Allotment Association** - Mr J Boothby, Secretary, 4 Brinsmade Road, Ampthill, Bedford, MK45 2PP. Tel: 01525 402262 - The Association is made up members that have allotments on the two Town Council owned allotment sites at Everett's Field (51 Plots) and Grange Farm (29 Plots). A Waiting list in operation.
- **Ampthill Angling Club** - Mr. S. Gadsden, Chairman. Tel: 01525 751838. Email: www.ampthillac.org.uk. - The Club fish the waters of Ampthill Park Reservoir, Westminster Pond etc. They fish for carp roach, barbell, perch, tench, bream, pike and rudd.
- **Ampthill Aragon Football Club** - Andrew Wood, 1 The Pines, Ampthill, Beds, MK45 2LQ. Tel: 01525 403093/07885 250438. Email: andrew.wood39@btopenworld.com. Under 16 side that plays at Cranfield University Campus at Silsoe
- **Ampthill Bowls Club** - Mr George Maddox (Hon Secretary), 69 Newbury Lane, Silsoe, Beds, MK45 4EX. Email: amphillbowlsclub@hotmail.com - The playing of lawn green bowls in accordance with the rules of Bowls England. All ages. Membership fee: £53 (reduced for pensioners). Venue: Brinsmade Road Ampthill MK45 2PP
- **Ampthill Branch of the Women's Institute** - Mrs Diane Sandbrook, President, 41 Truro Gardens, Flitwick, Bedford, MK45 6UH. Tel: 01525 713931.
- **Ampthill Bridge Club** - A Field, Secretary, 29 George Street, Maulden, Beds, MK45 2DF. Tel: 01525 633029. Email: mike.field2@ntlworld.com. Website: www.bridgewebs.com/amphill - Duplicate bridge for pairs. Visitors welcome. All ages. Membership fee: £5. Venue: Social Centre Houghton Close off Oliver Street Ampthill. Meets: Wednesday 19.30.
- **Ampthill Cricket Club** - Mike Thomas (Chairman), 46 The Coppins, Ampthill, Bedford, MK45 2SN. Tel: 01525 750269. Website: <http://amphilltown.play-cricket.com/home/home.asp> - Playing and coaching of cricket from under 8's to senior. Ages 8 upwards. Membership fee £75 playing, £10 youth and social. Venue: Ampthill Park (off Woburn Street) Ampthill MK45 2HX
- **Ampthill & District Archaeological & Local History Society** - Mr Peter Wood, 14 Glebe Avenue, Flitwick, Beds, MK45 1HS. Tel: 01525 712778. Email: adalhs@mooncarrot.org.uk. Website: www.adalhs.mooncarrot.org.uk - Programme of talks and summer visits, field walking and local history research. Age range: 16 upwards. Membership fee £8 pa. Venue: Lecture Hall Flitwick Library Coniston Road Flitwick
- **Ampthill & District Camera Club** - Valerie Elliott (Secretary), 62 Russell Drive, Ampthill, Beds, MK45 2TU. Tel: 01525 751754. Email: candv.elliott@ntlworld.com. Website: www.amphilldcc.com - The club meets at Millbrook Village Hall, Sandhill Close, Millbrook, Bedford, MK45 2JD at 8.00pm on Thursdays from October to May.
- **Ampthill & District Choral Society** - Mrs Penny Stimson, Chairman, 9 Prestwick Road, Biddenham, Beds, MK40 4FH. Tel: 01234 357750. Rehearsing (Mon 19.45-21.45) for one main concert, usually a well known work, and a lighter concert at Christmas. All ages. Membership fee £45, OAPs £35, students £2. No disabled access. Venue: Music Room Redborne Upper School North Flitwick Road Ampthill

Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

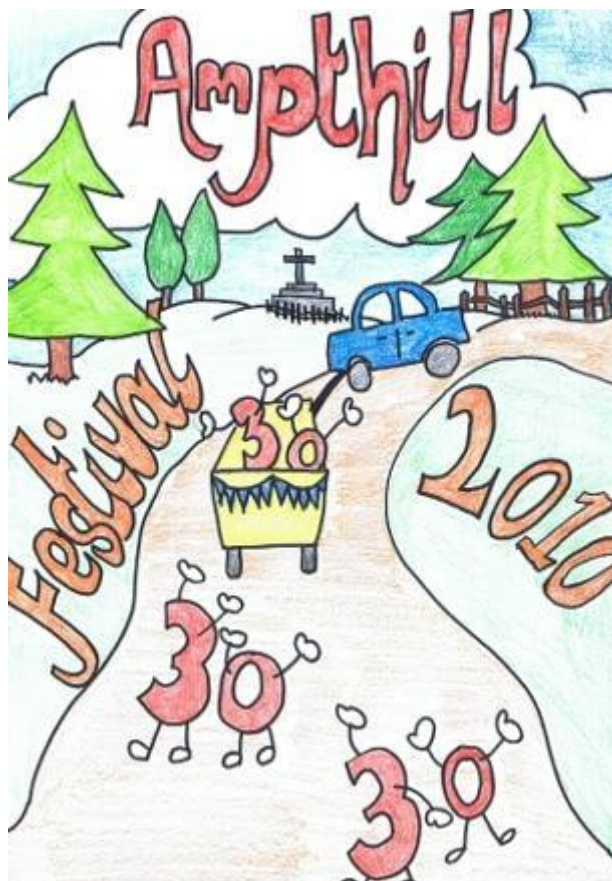
- **Ampthill & District Good Neighbours** - Mark Smith (Chairman), 6 Sidney Road, Ampthill, Beds, MK45 2RJ. Tel: 01525 402560. Tel: 07833 314903 (Enquiry Line). Email: mark.a.smith@ampthill.org.uk. Website: www.ampthillgoodneighbours.info. - A voluntary group that provides a link between those residents needing help and those who are willing to offer it in Ampthill, Maulden and Millbrook. The Group acts as a safety net for all residents, young and old. Using local volunteers. "Ampthill & District Good Neighbours builds on existing help already provided in the area and also fills gaps in that provision. Are you interested in becoming a volunteer? Volunteering for the scheme could not be easier, as the Group are interested in utilizing your skills and experience to help those residents needing help."



- **Ampthill & District Inner Wheel** - Mrs N Sykes, President, Hawthorns, The Avenue, Ampthill, Beds, MK45 2NR. Tel: 01525 405008 - The Inner Wheel movement was formed in 1924 in Manchester with the object of fostering friendship among the wives of Rotarians and also it was felt that organised into a club these ladies could offer more in the way of service to the community.
- **Ampthill & District Lions Club** - Mrs Margaret Fowler (secretary), 21 Willow Way, Flitwick, Beds, MK45 1LL. Tel: 01525 751878. Website: www.ampthilllions.btik.com - The largest service and charity organisation in the world. More than 1.4 million members worldwide. Meets twice a month to discuss and arrange community service, fundraising and social activities. Venue: The Jolly Coopers Public House, Flitton. Time: 1st & 3rd Monday at 20.00
- **Ampthill & District Probus Club** - Mr. J E Ware, The Birches Park Road, Toddington, Dunstable, Beds LU5 6AB. Tel: 01525 872793. Email: jware@warej.fsnet.co.uk. Website: www.ampthillprobus.net - The Club was founded on 19th February 1972. At our luncheons which are held on the first Tuesday of each month you will enjoy a good meal, companionship and usually every other month we have an interesting talk. The invited speakers cover a wide range of subjects from the worlds of work, sport, the arts, hobbies, history to the environment and so on.
- **Ampthill & District Roundtable** - Damian Jones, Tel: 01525 716526. Email: rt@damianjones.co.uk - From sports to arts and nights out at restaurants to family social events, Round Table prides itself on giving its members the chance to embrace life to the full. There are many benefits to becoming a Round Tabler. Taking part in debate and organising functions and events will build leadership skills and give you public speaking abilities. Being a member of Round Table can help you enhance your personal strengths like no other organisation. Venue: Cross Keys Public House, High Street Pulloxhill Bedfordshire Fortnightly from on Monday's from at 7.45pm
- **Ampthill & District Rugby Club** - Dillingham Park, Woburn Street, Ampthill, Bedfordshire, MK45 2HX. Tel: 01525 403303. Email: secretary@ampthillrufc.com. Website: <http://www.ampthillrufc.com/> - The club operates a number of senior and junior sides from Dillingham Park.

Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- Ampthill Festival Committee** - Mrs D Stoddart, Treasurer, 25 Grange Road, Ampthill, Bedford, MK45 2PA. Tel: 01525 402402. Email: j-d-stoddart@metronet.co.uk. Website: www.ampthillfestival.co.uk - Drama, arts, music, sports and quizzes, culminating with a walking parade around the town which ends at Ampthill Park for Ampthill Gala Day, where there is entertainment and music from local bands. Also incorporates planning for AmpRocks & Ampthill Park Proms. The planning committee meets once a month in at the White Hart.
- Ampthill & Flitwick Dramatic Society** - Mr Mike Green, 11 Hillson Close, Marston Moreteyne, Beds, MK43 0QN. Tel: 01234 767014. Email: mikegreen42@yahoo.com. www.afds.co.uk - Dramatic productions and social activities. Age range: 18 upwards. No membership fee. Disabled access. Venue: Parkside Hall Woburn Street Ampthill. 1st Mon & Mon 20.00-22.00 during rehearsal periods
- Ampthill & Flitwick Flyers** - Val Von Arx. Tel: 01525 714039. Email: Secretary@AFFRunningClub.org.uk. Website: www.afrunningclub.org.uk - A small, friendly, very active running club based at Redborne School, Ampthill. We cater for all abilities from the absolute beginner to the elite distance runner, on road or cross-country. We also have members who compete in Biathlon/Triathlon and Mountain Biking events. Current membership [Nov 2009] is nearly of 240. Organizers of the hugely successful Flitwick 10K road race, Marston Forest 5K and Ampthill Trophy.



Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- **Amphill Gateway Club** - Mr Peter Buckel, 43 Fir Tree Close, Flitwick, Beds, MK45 1NY. Tel: 01525 716907. Email: amphill.gateway@dsl.pipex.com. Website: www.amphill.cswebsites.org - A leisure outlet affiliated to Mencap which provides a voluntary service to children with learning disabilities up to the age of 16/18. Age range: 0-16/18. Membership fee: £1 per session. Venue: Amphill Social Centre Houghton Close Oliver Street Amphill. Meets Alternate Saturdays 9.00-12.00.
- **Amphill Girlguiding - 1st Amphill Brownie Pack**, 36 Ashburnham Road, Amphill, Beds. MK45 2RH. Tel: 01525 75229. **2nd Amphill Brownies**, Sophie Dackombe, 32 Ashburnham Road, Amphill, Beds, MK45 2RH. Tel: 01525 402085. **2nd Amphill Rainbows**, Jo Bolton, 43 Glebe Road, Amphill, Beds, MK45 2TJ. Tel: 01525 405541.
- **Amphill History Forum, Barry Dackombe** - 32 Ashburnham Road, Amphill, Beds, MK45 2RH. Tel: 01525 402085. Email: Forum@amphillhistory.co.uk. Website: www.amphillhistory.co.uk - Amphill History Forum was formed to help promote Amphill's rich history. This is done through the website, local history books and guided walks.
- **Amphill Mountain Bikers Club**, Paul Bloxham. Email: paulbloxham@talktalk.net. Website: www.amphillmountainbikers.blogspot.com. Social biking club.
- **Amphill Scout Group** - Ms D Bradley, Leader, 8 The Stables, Amphill, Bedford, MK45 2RT. Tel: 01525 405779. Email: GroupScoutLeader@amphillscouts.org. Website: www.amphillscouts.org - Amphill Scouts operate from the Scout Hut on Station Road, Amphill. There are currently Beaver, Cub, Scout and Explorer units.
- **Amphill Singers** - Lynda Kynnersley (Secretary), Email: lynda.kynnersley@yahoo.co.uk. Website: <http://ampsing.posterous.com> - The Amphill Singers are a social singing group who, through concerts raise money for charity. They meet every Tuesday in the Amphill Methodist Church (Room 3 from about 7:30pm) to rehearse and perform their shows in the main church.
- **Amphill Town Band** - Paul Miller, 36 Rosebay Close, Flitwick, Beds, MK45 1PS. Tel: 01525 752320. Email: contact@amphilltownband.co.uk. Website: www.amphilltownband.co.uk - A friendly Brass Band based in Amphill, Bedfordshire. We meet each Tuesday between 7.00 and 9.15 pm at Russell School, Amphill. We always welcome new players and currently have players with a wide range of ages from 11 years old. For younger players and older beginners we have a Junior Band that meets from 6.00 to 7.00pm before main band. The Band performs at local events such as the Amphill Carnival, and school fetes. We also aim to promote two concerts in Amphill each year.
- **Amphill Town Football Club** - Eric Turner (secretary), 5 Arthur Street, Amphill, Beds, MK45 2QG. Tel: 01525 403128/ 07951 374118. Email: erictturner789@btinternet.com. Website: www.pitchero.com/clubs/amphilltownfc - Venue: Amphill Park, Woburn Road, Amphill. Amphill Town F.C. is a football club that was established in 1881 and are currently members of the Spartan South Midlands League Division One.



Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- **Ampthill Town Youth Football Club** - Lee Roberts, 32 Verne Drive, Ampthill, Beds, MK45 2PS. Tel: 01525 759290/07931 369547. Email: lee.wendy@ntlworld.com - Currently have Under 18, 16, 15, 14, 13, 12, 11, 10, 9 and 8 sides. Venue: Ampthill Town Youth Football Club, Abbey Lane, Ampthill. MK45 2SH
- **Aragon Ladies** - Mrs A Crone, 37 Durham Close, Flitwick, Bedford, MK45 1UR. Tel: 01525 713304 - Speakers, outings, quizzes and social evenings. Age range: 55 upwards. Membership fee: £5 + £1.50 per meeting. Visitors £1.75 including refreshments & raffle ticket. At Culcheth Centre Redborne Community College Flitwick Road Ampthill. Alternate Wednesdays 20.00-22.00 (term-time)
- **Army Cadet Force - Ampthill Detachment**, - SMI J Young, Detachment Commander, c/o Bedfordshire ACF, TA Centre, Bedford Road, Kempston, Beds, MK42 8AJ. Tel: 01234 353291. Email: ceo@bedsarmycadets.co.uk. Website: www.bedsarmycadets.co.uk - Meets at Drill Hall Woburn Road Ampthill. Welcomes boys and girls ages 12 for adventure and training. Adults (male and female) are also welcome to become instructors. Full training given.
- **Bedfordshire Lace Ladies Morris Side** - Angela Davis. Email: secretary@bedfordshirelace.org. Website: www.bedfordshirelace.org.uk - Bedfordshire Lace are a female morris side, with musicians of both sexes, formed in 1981 to dance morris in the 'Cotswold' or 'South Midlands' style. Our members come from all over the county of Bedfordshire, in the South Midlands of England. We are based in the market town of Ampthill, and dance mainly in the Bedfordshire area - though we go further afield if invited.
- **Bedfordshire Leonard Cheshire Home** - Agate House, Woburn Street, Ampthill, Bedford, MK45 2HX. Tel: 01525 403247. Email: agate@LCDisability.org. Website: www.lcdisability.org - The charity provides Day Services, Residential, Respite Care and Short Break services for over 30 severely disabled residents at their purpose built facility.
- **Bedfordshire & Luton Mind** - The Old Fire Station, 10 Bedford Street, Ampthill, Bedfordshire, MK45 2NB. Tel: 01525 844160. Email: hq@bedsandlutonmind.org.uk. Website: www.bedsandlutonmind.org.uk - Bedfordshire and Luton Mind is the leading local mental health charity, working in close partnership with other agencies to provide friendship, respect, opportunity and choice to improve the lives of people with a range of mental health needs.
- **Cruse Bereavement Care Bedfordshire**, Lois Wright, The Court House, Woburn Street, Ampthill, Beds, MK45 2HX. Tel: 01525 841415. Email: crusebedfordshire@btinternet.com. Website: www.crusebereavementcare.org.uk - Cruse Bereavement Care exists to promote the well-being of bereaved people and to enable anyone bereaved by death to understand their grief and cope with their loss. The organisation provides support and offers information, advice, education and training services.



MindinfoLine
0845 766 0163

Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- Flitwick and Ampthill Sea Cadets** - Althorpe Close, Flitwick, Bedfordshire, MK45 1HY. Tel: 1525 720729 .Email: flitwick-ampthill@talktalk.net. Website: www.tsleopoldmuller.co.uk - Anyone wanting to join should come down to the unit headquarters on a parade night (Tuesdays and Thursdays between 19.20 and 21.30) where you will be given a tour of the unit and we'll tell you about what we do and how to become a cadet.
- Flitwick & Ampthill Lawn Tennis Club** -10 Champion Way, Flitwick, Bedfordshire, MK45 1PB. Tel: 01525 756581 or 07930 334825. Email: secretary@flitwicktennis.co.uk. Website: www.flitwicktennis.co.uk - New members welcome, all abilities. Rackets available. Tournaments; coaching by LTA qualified coaches. 7 all weather courts (3 floodlit). Ages 6 upwards. Membership fee £262 family, £223 Adult Couple, £169 Senior Couple (Aged 65 and above), £152 Adult Single, £115 Senior Single (Aged 65 and above), £76 Weekday (Monday - Friday, 9:00 - 17:00), £49 Junior (up to age 18), £49 Student (in full-time education), free joining fee. This is a private club but membership is not needed to attend coaching courses. Coaching is available for Under 10's, Improvers/Players, Ladies and Short Tennis. Junior courses held in half-terms and school holidays. Please contact for details of times and costs. Venue: Astwood Drive (off Windmill Road) Flitwick MK45 1AT. Times: Club sessions Tues 19.00-21.00, Thurs am & Sun 9.00-12.00.
- Flitwick & District Badminton Club** - (Alameda Sports Hall, Friday Nights), Louise Pearson, Chair. Tel: 01525 719636. Email: louise.pearson2@tiscali.co.uk - A social Badminton Club.
- Jack and Jill Playschool/Ampthill Pre-School Playgroup** - Houghton Close, Ampthill, Beds, MK45 2TG. Tel:01525 840108. Email: jackandjillpg@btinternet.com. Website: www.jackandjill.org.uk - A well established, committee-run charity with an excellent reputation, which is reflected by our Ofsted inspections. We offer education and care for children over the age of two years six months and below school age in a safe, secure and stimulating environment. Our sessions are run on mornings and afternoons every weekday, and attended by a maximum of 26 children. All our sessions follow a specifically tailored curriculum set within the national guidelines leading to approved learning outcomes.
- Jigsaw Club** - Phil Hines, 27 Thames Close, Flitwick, Beds, MK45 1EQ. Tel: 01525 714227. Email: philip.hines@care4free.net - Social Club for people with learning disabilities. Meets on Thursday Evenings at the Ampthill Social Centre, Houghton Close, Ampthill.



Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- Kings Arms Path Gardens (Friends of)** - Mr Bryden Keenan, 1 Brinsmade Road, Ampthill, Bedford, MK45 2PP. Tel: 01525 755648. Email: brydenk@ntlworld.com - The Friends manage this woodland garden of about 2 acres on behalf of Ampthill Town Council & welcome volunteers to join them. Open to all ages. Regular work parties maintain & develop the garden in order to give pleasure to the public at openings. Entrance is down Kings Arms Yard off the old Market Square. The garden is enjoyed by little children up to senior citizens. Group and school visits can be arranged and a town tour can be included. The garden appears in the National Garden Scheme Yellow Book. Membership fee £10 pa.
- Ladybird Pre-School Playgroup** - Russell Lower School, Queens Road, Ampthill, Beds, MK45 2TD. Tel: 01525 406703. Website: www.ladybirdplaygroup.org.uk - Based in the grounds of Russell Lower School, in Ampthill, Bedfordshire, Ladybird Pre-School Playgroup is a friendly, independently run pre-school playgroup offering up to 24 places at each playgroup session as well as a Lunch Club. The group aims to provide a happy and stimulating environment for children from the age of 2yrs 6mths to school age. Ladybird Playgroup is a committee run charity and well established in the local community.
- Mid Beds Citizens Advice Bureau** - Jenny Hedges, The Court House, Woburn Street, Ampthill, Beds, MK45 2HX. Tel: 01525 402742 (Appointments) or 08444 77 1600 (Telephone Advice). Website: www.midbedscab.org.uk - First set up in 1970 Mid Bedfordshire CAB has been giving quality advice and information to local people for over 30 years. At any one time we may have between 20-30 voluntary advisers and up to 4 trainees. Part time paid posts include a manager, deputy manager, a training officer and an administrator. The CAB is run by the Trustee Board. Their job is to support the manager in the organisation of the bureau and to set goals to enable them to meet the aims and rules of the service. The Trustee Board is made up of local councillors, local people and representatives from business.
- Mid Beds Link-A-Ride Community Transport** - Mr. C Poulter, Ampthill Social Centre, Houghton Close, Ampthill, Beds, MK45 2TG. Tel: 01525 840511. Provides a door to door service for those people who are unable to use ordinary transport because of disability.



Ask not what your
community can do for
you, but what you can
do for your community

Town Voluntary, Community Groups, Sports Clubs, Social Clubs and Societies

- **Parkside Hall Committee** - Mrs Robeta Calvert, Chairman, 9 Verne Drive, Ampthill, Beds, MK45 2PS. Tel: 01525 751629. Email: cal.cal@ntlworld.com. Website: <http://parksidehallampthill.com> - Parkside Hall is the local community hall serving Ampthill and Mid Bedfordshire. It is a charity run by a voluntary management committee for the benefit of the local community.
- **Queensman Football Club** - Mr Ivan Jones, Chairman, 4 Leafield Court, Ampthill, Bedford, MK45 2QF. Tel: 01525 405485. Website: www.clubwebsite.co.uk/queensmenfc - Established in 1965 the Club is one of the oldest Sunday League clubs in the country and the longest serving member of the Bedford and District Sunday League. The Club is one of the few amateur sides to own their ground (Lawrence Park) complete with stand and changing rooms. The Club has two sides, a First team that plays in the Premier League and a Reserve team that plays in the first division.
- **Redbornstoke Morris** - Adrian Williams, 20 Verne Drive, Ampthill, Beds, MK45 2PS. Email: Adrian.williamsathome@ntlworld.com. Website: www.redbornstoke.com - If you are interested in giving morris dancing a try, come along and join us. Pop along and watch us some time (see programme) and have a chat with one of us - and maybe buy us all a drink; or join us at our practice sessions - between October and April we meet most Monday nights in the Main Hall at Redborne School, Ampthill, from 8 till 10, and then tend to adjourn to the Queens Head on Woburn St for refreshments and for serious philosophical discussions.
- **Rotary Club of Ampthill & District** - The Masonic Centre, Old Court House, Church Street, Ampthill, Beds. MK45 2PL. Tel: 01525 403385. Email: ampthillrotaryclub@virginmedia.com. Website: www.ampthillrotary.org - The Club supports the local community, helps those less fortunate at home and abroad, and offers informal networking with like-minded business and professional people
- **St. Andrew's Church Bellsringers (Ampthill Ringers)** - Jackie O'Regan, 67 Fallowfield, Ampthill, Bedford MK45 2TT. Tel: 01525 630242. Email: mail@ampthillringers.org.uk. Website: www.ampthillringers.org.uk - St. Andrew's is an 8 bell tower, situated on Church Street in Ampthill. We are part of the Biggleswade District of the Bedfordshire Association of Church Bell Ringers.
- **Wingfield Club** - 37 Church Street, Ampthill, MK45 2PL. Tel: 01525 403321. Email: thewingfieldclub@tiscali.co.uk. Website: www.thewingfieldclub.co.uk - Working Men's Club



Ask not what your
community can do for you,
but what you can do for
your community

PARKSIDE
COMMUNITY
HALL

Volunteer Opportunities

Definition of Volunteering

“...an activity that involves spending time, unpaid, doing something that aims to benefit the environment or individuals or groups other than (or in addition to) close relatives”.

Where to Find Details of Local Volunteering Opportunities

You can find out about volunteering in Ampthill by visiting www.ampthill.info

You can learn about volunteering opportunities further afield by visiting the Volunteer Centre Bedford's Website at www.volunteeringbedford.org.uk and using the Do-It search box.

Here are examples of a few of the opportunities to be found in Ampthill:

You can visit this site's Voluntary Groups page and see if they require your services in a voluntary capacity. Detailed below are just a few of the many opportunities in the town:

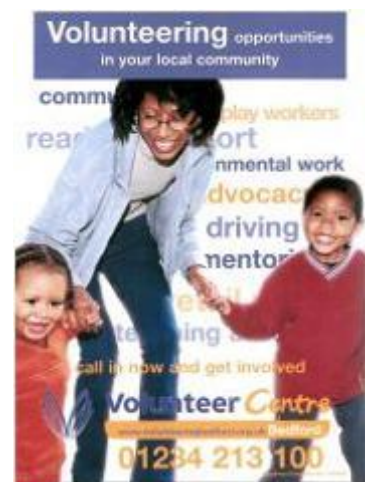
Ampthill Festival Gala Day

- Volunteers Needed - Ampthill Festival Gala Day 2011 will take place in Ampthill Park on Sunday 26th June 2011. Have you got some time available to join our planning committee or a few hours to spare on Gala Day, as we would be keen to hear from you as we are looking for volunteers to assist us with the event? You could be a Committee Member, a Steward, a helper in setting up or taking down the festival, a helper with litter picking, collecting donations, distributing programmes, or marshalling the parade etc. We would love to hear from you! Please contact Mark Smith (Home 402560 or Work 01234 354366 or mark.a.smith@ampthill.org.uk)



Ampthill Festival's Proms in the Park

- Ampthill Festival Planning Committee is pleased to announce that Proms in the Park will take place Saturday 25th June 2011. So make a note on your diary and look out for booking information for this new cultural highlight in Ampthill's calendar of events. If you are interested in helping plan or help out on the day of this event (or indeed Ampthill Gala Day), contact Mark Smith at mark.a.smith@ampthill.org.uk or phone 01234 354366 (Work) or 01525 402560 (Home).



Volunteer Opportunities

Ampthill & District Good Neighbours

Are you interested in becoming a Volunteer for Ampthill & District Good Neighbours?

Volunteering for the scheme could not be easier, as Ampthill Good Neighbours are interested in utilizing your skills and experience to help those residents needing help. Ampthill Good Neighbours are keen use what ever skills you can bring to the scheme to benefit the residents of the town, so don't be shy in coming forward! It is important to emphasize that as a volunteer you can do as little or as much as you want.

The main thing is that you will gain satisfaction and fulfilment in knowing that you are helping your 'neighbours'.

Please be aware that as the scheme will be dealing with younger, older people and other vulnerable adults, you will be Criminal Records Board checked (at no expense to yourself). In addition you will never be out of pocket as out of pocket expenses are paid.

We are currently looking for the following volunteers to assist our vital community scheme:

- **Drivers** - who are able to provide lifts to and from local hospitals, doctor's surgeries, opticians, dentists and shops. (Your Mileage is repaid at 40p per mile).
- **Mobile Phone Holders** - who are able to be part of a rota of volunteers who hold the schemes mobile phone (for a week at a time) and accept phone calls from residents in need and then arrange for a scheme volunteer to meet that need.
- **Steering Committee Members** - we are looking for volunteers to join our steering committee and oversee and provide future direction for our vital service for our community.

Other Opportunities - in addition we are also looking volunteers that are able to collect prescriptions, undertake small household jobs (such as changing light bulbs, moving furniture, carrying out emergency minor repairs or doing occasional light housework), dog walking or other pet care (for example during holidays/illness), preparing emergency meals and snacks, befriending or gardening.

Don't be put off if you are working full-time or have a limited number of hours available. We would love to find hear from you whatever the amount of time you can give to the scheme. The reward is in the knowledge that you're helping your 'neighbours' in the community!

For more details on becoming a volunteer contact Mark Smith (Chairman of Ampthill & District Good Neighbours) for more details on 402560 (home) or 01234 354366 (work). Website: www.ampthillgoodneighbours.info



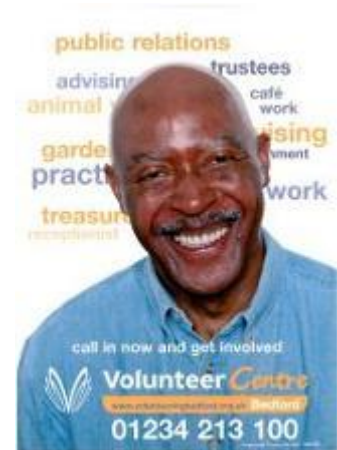
Leonard Cheshire Disability

- Leonard Cheshire Disability, Agate House is looking for volunteers to join our team. We are home to 28 physically disabled people and are offering rewarding volunteering opportunities to support our work with our residents. Whatever your background we can put your skills to good use and we do our best to match your skills, interest and availability to a volunteer role. We offer all volunteers induction and training, continued support and reimbursement of expenses. Opportunities available include, escorting disabled people to local activities and facilities, supporting disabled people to take part in leisure interests and hobbies, befriending disabled people and fundraising. If you have a skill to share or just a little free time to offer, join us, and make someone smile. For further information please contact the Volunteer Coordinator on 403247

Volunteer Opportunities

Vinvolved Bedfordshire

- V is the new youth volunteering scheme for 16-25 year olds! Whatever you want out of volunteering your Vinvolved Bedfordshire Team can help you find it in your area. Your Youth Volunteer Adviser (Charlotte Tyrrell) will provide a personalised service to match you with inspiring opportunities that fit into your life, further your ambitions and indulge your passions. To find out more visit www.vinvolvedbedfordshire.co.uk or the Vinvolved Facebook Page at www.facebook.com/vinvolved.bedfordshire. Contact: Charlotte Tyrrell (Youth Volunteering Advisor) - 07881 455405 - ctyrrell@csv.org.uk.



Ministry of Youth

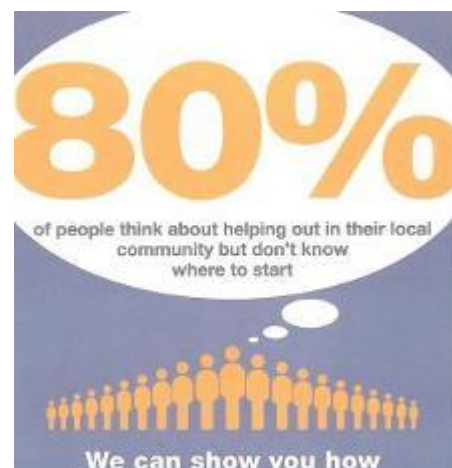
- The Ministry of Youth is a Night Club for Young People aged 14 to 16 years that takes place at the Cellar Bar (behind the White Hart), Dunstable Street. The organisations that currently run the event are keen to recruit volunteers to steward the events. If you are interested in volunteering you should be aware that you will have to be CRB checked and that you will receive appropriate training. If you are interested please contact Mark Smith at mark.a.smith@ampthill.org.uk or on 402560.

Friends of Ampthill Great Park

If you have an interest in the park and would like to be more actively involved you can join the Friends of Ampthill Great Park. Friends can support the park in many ways including

- Carrying out voluntary work
- Taking part in events
- Raising the profile of the park
- Leading walks and talks
- Assisting with the production of leaflets and other educational material
- Seeking external funding for park improvements
- Providing specialist expertise for projects

For more information contact Gary Quilter at g.quilter@ampthilltowncouncil.org.uk



Local Events

For the most up to date listing of Events in Ampthill visit www.ampthill.info

A number of events occur annually, these include:

Ampthill Festival

Takes place during the last week of June or first week of July and includes:

- **AmpRocks** – a Friday Evening Rock Concert
- **Ampthill Park Proms** – a Saturday Evening Classical Music Concert
- **Ampthill Festival Gala Day** – an afternoon and early evening day of fun, entertainment and music for all the Family



All take place in Ampthill Park. Website: www.ampthillfestival.co.uk

Aragon Day Festival

- Takes place every 2 years and celebrates Katherine of Aragon's connection with Ampthill across venues throughout the town. Website: <http://aragonday.wikidot.com/>

Ampthill Christmas Tree Festival

- Takes place on the weekend of the first weekend of December at St. Andrew's Church. Website: www.ampthilltrees.com



Ampthill Three Legged Race

- Takes place on the last Saturday of May and raises money for local Charities and for Gambia. Website: www.ampthillthreeleggedrace.com

Ampthill Fireworks Display

- Takes place usually on the first Friday of November and is staged by a small group of volunteers, with profits going to local charities



Leisure and Recreation

Drama

- **Amphill & Flitwick Dramatic Society** - Website: <http://amphillflitwickdramaticsociety.blogspot.com>



Choirs

- **Amphill & District Choral Society** - performing choral classics - for more information ring Penny Stimson on 01234 357750 or email i.stimson@tesco.net
- **Amphill Singers** - performing popular classics and contemporary songs - for more information email Faye McKinney at little_faye@hotmail.com

Music

- **Amphill Town Band** - Website: www.amphilltownband.co.uk
- **Amphill Orchestra** - Website: www.amphillorchestra.co.uk

Quizzes

- **Queen's Head Public House** (General Knowledge) - Wednesday - Woburn Street
- **Ossory Public House** (General Knowledge) - Thursday - Arthur Street, Amphill
- **Old Sun Public House** - Sunday - Dunstable Street, Amphill
- **Parkside Hall** (General Knowledge) - Friday (every few months - see future events for dates) - Woburn Street
- **Wingfield Club** (General Knowledge) - Sunday - Church Street, Amphill
- **Kings Arms Public House** (Jon's Pop Quiz - www.jonkutner.com), St. Mary's Street, Bedford - Sunday
- **White Horse Public House** (General Knowledge - www.whitehorsebedford.co.uk), 84 Newnham Avenue, Bedford
- **Bedfordshire Quizzes** - www.pubquizhelp.com/quiz/bedfordshire.html

Literature - *Book Club*

- Contact: Amphill Library, Dunstable St, Amphill, Bedford, MK45 2NL. Tel: 01525 402278 - for details of local book reading clubs

Leisure & Entertainment in the Surrounding Area

- **Cinema** - **Cineworld** (Bedford, Milton Keynes & Luton) - www.cineworld.co.uk or **Odeon** (Milton Keynes) - www.odeon.co.uk
- **Theatre** - **Milton Keynes Theatre** - www.miltonkeynestheatre.com or **Bedford Corn Exchange** - www.bedfordcornexchange.co.uk or **Grove Theatre** (Dunstable) - www.grovetheatre.co.uk

Tourism

Places to Visit in Ampthill

- **Ampthill Park** - originally founded in the early part of the 15th century and the site of the now long since gone Ampthill Castle. The Park was later enhanced by eminent landscape gardener, Lancelot 'Capability' Brown, through selective tree planting and the creation of the Rezzy, an ornamental lake. Since 1947, the Park has been owned by the town and provides a wonderful backdrop to historic Ampthill. Ampthill Park House, built 1686-88 for the Dowager Countess of Ailesbury and Elgin, still stands.
- **The Ossory Cottages** - are the 'picture postcard', much-photographed, half-timber buildings erected by Lord Ossory's estate workers.
- **The Alameda Lime Tree Walk** - was created by Lord and Lady Holland for the town's people.
- **The Cenotaph** - was unveiled by Princess Beatrice in 1921 at the far end of the Alameda. A second memorial was erected in the churchyard that same year. Both were designed by Professor Richardson.
- **Cooper's Hill Nature Reserve** (also known as The Firs) - is one of the few remaining examples of the heath land that once stretched across Bedfordshire along the Greensand Ridge. This attractive area provides a habitat for many uncommon plants and invertebrates. It can be accessed from Woburn Road, Station Road or down the Alameda.
- **White Hart Hotel** - is a traditional coaching inn and landmark in the town centre. It houses a 17th century painting of the Prince of Wales (later Charles II), which was destroyed in a fire but is now fully restored.



Tourism

- **King's Arms Path Garden** - has been a remarkable woodland garden since 1968. It is maintained for the town by a group of local volunteers and is open to the public several times a year.
- **St Andrew's Parish Church** - there is evidence of worship on this site from the middle of the 12th century, but the church, as it now stands, is part of a 15th century rebuilding programme. It houses a monument to Ampthill man Richard Nicolls, who became the first English Governor of New York and gave the city its current name.
- **Houghton House** - was built in 1615 for the Countess of Pembroke and later purchased and dismantled by the Duke of Bedford. It is thought to have been the model for John Bunyan's 'House Beautiful' in Pilgrim's Progress. This impressive ruin is now in the care of English Heritage.
- **The Gazebo** - is a quirky building now used by a local goldsmith, and is all that remains of an 18th century walled garden created by John Finlay, the gardener for Lord Ossory.
- **Ampthill Union Chapel** (Baptist Church) - erected in 1822, continues to be a focal point in the community and a meeting place for several interest groups.
- **The Methodist Church** - was designed by Charles Bell of London and opened on 13th August 1884.



Related Links

- **Experience Bedfordshire** - www.experiencebedfordshire.co.uk
- **Let's Go** - www.letsgo.org.uk
- **Greensand Ridge Walk** - www.greensandridgewalk.co.uk



Tourism

Local Tourism Attractions in Bedfordshire

You may wish to combine your visit to Ampthill with one of the many tourist attractions located throughout Bedfordshire. The following provide a taste of what you are missing by not visiting Ampthill and Bedfordshire:

- **306th Bomb Group Museum:** Bedford Autodrome, Thurleigh Airfield, Thurleigh. 01234708715. www.306bg.co.uk
- **Anglian Wolf Society:** 24 Bedford Road, Wootton. 0870 0465905. www.anglianwolf.com
- **Ascott House:** Wing, Nr. Leighton Buzzard. (01296) 688242. www.ascottestate.co.uk
- **Bedford Makers & Designers:** The Gallery, Harrowden Lane, Cardington (01234) 741677. www.bmad.org
- **Bedford Museum:** Castle Lane, Bedford. (01234) 353323. www.bedfordmuseum.org
- **Birds of Prey Centre:** Old Warden Park. (01767) 627527. www.birdsofpreycentre.co.uk
- **Bodyflight:** (Indoor Skydiving) Building 36, Twinwoods Business Park, Twinwoods Road, Clapham. 0845 200 2923. www.bodyflight.co.uk
- **Box End Park:** (Watersports Centre) Box End, Kempston. (01234) 846222. www.boxendpark.com
- **Bromham Mill & Gallery:** Bridge End, Bromham: (01234) 824330. <http://digbig.com/5bajan>
- **Buffalo House:** Mill Road, Slapton. (01525) 220256. www.buffalohouse.co.uk
- **Bushmead Priory:** Colmworth. www.english-heritage.org.uk
- **Cecil Higgins Art Gallery:** Castle Lane, Bedford. (01234) 211222. www.cecilhigginsangallery.org
- **Champneys Henlow:** (Spa Experience) 08703 300 300. www.champneys.com
- **Chicksands Museum:** DISC Chicksands, Shefford. www.army.mod.uk/intelligencecorps/chicksands
- **Danish Camp Riverside Visitor Centre:** Chapel End Lane, Willington. (01234) 838709. www.danishcamp.co.uk
- **De Grey Mausoleum:** Flitton. (01525) 860094. www.english-heritage.org.uk
- **Dunstable Downs - Chiltern Gateway Centre:** Whipsnade Road, Dunstable. (01582) 500920. www.chilternsgateway.org.uk 234) 267422



Tourism

- **Embankment Gardens:** Embankment, Bedford (01234) 267422
- **Get Mountain Biking:** Woburn Trails, Stockgrove Park, Leighton Buzzard. (01604) 779040. www.getmountainbiking.co.uk
- **Glenn Miller Museum:** Twinwood Road, Clapham: (01234) 350413. www.twinwoodevents.com
- **Go Ape - Highwire Forest Adventure:** Woburn Safari Park, Woburn. 0845 6439215. www.goape.co.uk
- **Harrold-Odell Country Park:** Carlton Road, Harrold. (01234) 720016. www.hocp.co.uk
- **John Bunyan Museum:** Bedford. (01234)213722. www.bedfordmuseum.org/johnbunyanmuseum
- **Kids World:** (Paradise for energetic kids) 9 Kingway, Bedford. (01234) 354184. www.kidsworldbedford.co.uk
- **Kiln:** (Paint Your Own Pottery) 2 Ram Yard, Bedford. (01234) 216799. www.bedfordkiln.co.uk
- **Leighton Buzzard Railway:** Billington Rd, Leighton Buzzard. (01525) 373888. www.buzzrail.co.uk
- **London Gliding Club:** Tring Road, Dunstable. (01582) 663419: www.londonglidingclub.co.uk
- **Luton Hoo:** (Hotel/Spa/Golf) The Mansion House, Luton. (01582) 734437. www.lutonhoo.co.uk
- **Manor House Gardens:** Church Road, Stevington. www.kathybrownsgarden.homestead.com
- **Marston Vale Forest Centre:** Station Road, Marston Moretaine. (01234) 767037. www.marstonvale.org
- **Marston Vale Millennium Country Park:** Marston Moretaine. (01234) 767037. www.marstonvale.org



Tourism

- **Mead Open Farm:** Stanbridge Road, Billington, Nr Leighton Buzzard. (01525) 852954. www.meadopenfarm.co.uk
- **Moggerhanger Park:** Moggerhanger, Beds. (01767) 641007. www.the-park.net/moggerhangerpark
- **Monster Events Centre:** (Off-Road Activity Centre) Milton Road, Thurleigh. (01234) 771904. www.monster-events.co.uk
- **Moot Hall:** Church End, Elstow. (01234) 228759. www.bedford.gov.uk/moothall
- **Oasis Beach Pool:** Cardington Road, Bedford. (01234) 272100. www.oasispool.bedford.gov.uk
- **Olde Watermill Shopping Village:** Off A6 Bypass, Barton-Le-Clay. 0845 8720507. www.oldewatermill.co.uk
- **Palmer Sport:** (Racing Car Experience) Bedford Autodrome, Thurleigh Business Park. (01403) 733999. www.palmersport.com
- **Priory Church of St Peter:** Church Street, Dunstable. (01582) 703271. www.dunstableparish.org.uk
- **Priory Country Park:** Barkers Lane, Bedford. (01234) 364213. www.priorycountrypark.co.uk
- **Priory Country Park Watersports:** Barkers Lane, Bedford. (01234) 708010. www.priorysc.org.uk
- **Priory House Cultural Heritage Centre:** 33 High Street, Dunstable. (01582) 890270. www.dunstable.gov.uk
- **Roman Sandy Story:** Council Offices, 10 Cambridge Road, Sandy, SG19 1JF. (01767) 681491. www.roman-sandy.com
- **Santa Pod Raceway:** Airfield Road, Poddington, Wellingborough. (01234) 782828. www.santapod.com
- **Shuttleworth Collection:** Old Warden. (01767) 627927. www.snuttleworth.org
- **Skirmish Paintball:** Dungee Road, Nr. Odell. (01933) 314805. www.skirmishcentral.com
- **Snakes and Ladders:** (Three Storey Climbing Frame & Slides) Blackburn Road, Houghton Regis. (01582) 660111. www.snakes-and-ladders.co.uk
- **Sporting Targets:** (Clay Pigeon Shooting) Knotting Lane, Risley. (01234) 708893. www.sportingtargets.co.uk
- **Stevington Windmill:** Stevington, Nr Bedford (01234) 228759. www.stevingtonhistoricaltrust.org.uk
- **Stockgrove Country Park:** Brickhill Road, Heath and Reach: (01525) 237760. www.greensandtrust.org



Tourism

- **Stockwood Discovery Centre:** Stockwood Country Park, Luton. (01582) 548600. www.stockwooddiscoverycentre.com
- **Stondon Transport Museum:** Lower Stondon. (01462) 850339. www.transportmuseum.co.uk
- **Stotfold Mill:** Mill Lane, Stotfold. (01462) 734541. www.stotfoldmill.com
- **Summerfields Miniature Railway:** Summerfields Fruit Farm, Nr Bedford. (01234) 327791. www.bedfordmes.co.uk
- **Swiss Garden:** Old Warden. (01767) 627666. www.shuttleworth.org
- **The Lodge & RSPB Reserve:** Sandy. (01767) 680551. www.rspb.org.uk/reserves/guide/thelodge
- **Thurleigh Farm Centre:** Cross End, Thurleigh. (01234) 771597. www.thurleighfarmcentre.co.uk
- **Thurleigh Farm Centre:** Cross End, Thurleigh. (01234) 771597. www.thurleighfarmcentre.co.uk
- **Tingrith Fishery:** Tingrith. (01525) 714012. www.tingrithfishery.co.uk
- **W Jordan Cereals (Mill Shop):** Biggleswade. (01767) 318222. www.jordanscereals.co.uk
- **Warden Abbey Vineyard:** Southill Park, Biggleswade. (01462) 816226. www.wardenwines.co.uk
- **Wardown Park Museum:** Wardown Park, Luton. (01582) 546722. www.wardownparkmuseum.com
- **Watersports at Stewartby Lake:** Marston Vale Forest Centre, Station Road, Marston Moretaine. (01582) 727069. www.swsc.org.uk
- **Whipsnade Wild Animal Park:** Whipsnade, Dunstable. (01582) 872171. www.whipsnade.co.uk
- **Wild Britain:** (Butterfly Park and much more) Renhold Road, Wilden. (01234) 772770. www.bedfordbutterflypark.co.uk
- **Willington Dovecotes & Stables:** 21 Chapel End Lane, Willington. (01234) 838278. www.nationaltrust.org.uk



Tourism

- **Woburn Abbey:** Woburn. (01525) 290666. www.woburnabbey.co.uk
- **Woburn Abbey Antiques Centre:** Woburn. (01525)290333. www.woburnestates.co.uk
- **Woburn Heritage Centre Museum:** Woburn. (01525)290631. www.woburnvillage.co.uk
- **Woburn Safari Park:** Woburn. (01525) 290407. www.woburnsafari.co.uk
- **Woodside Animal Farm:** Woodside Road, Slip End, Luton. (01582) 841044. www.woodsidefarm.co.uk
- **Wrest Park Gardens:** Silsoe. www.english-heritage.org.uk/wrestpark
- **Wyvern Shipping Co Ltd:** Rothschild Road, Linslade. (01525) 372355. www.canal-boat-holidays.com



Plans for the future of the Town

The Ampthill Town Action Plan sets out the views of the towns-people over how they see their community developing in the coming years and decades. The plan was published in 2006 after a year-long consultation exercise. The plan can be accessed at www.ampthill.info. The plan encompasses plans for the town over the next decade and covers:

- Business & Retail Development
- Ampthill's Farmers ' Market
- Housing & the Built Environment
- Education, Training & Employment
- Sports, Social, Leisure & Entertainment, Youth & Community Facilities
- Tourism
- Highways & Public Transport
- Health & Social Services
- Police, Other Emergency Services & Community Safety
- Environmental Issues



Implementation of the Ampthill Town Plan - Making even some of all this happen will be a major task. We will need to work with the many responsible agencies and funding bodies to lobby and encourage progress and to highlight where action falls behind. Change is needed to keep Ampthill as the very attractive and vibrant town we all love. Otherwise we will see progressive decline. To assist with fulfilling the implementation of the Town Plan the Steering Group is working closely with Ampthill Town Council and has also formed a Company, REVAMP, that will assist in this process.

If you wish to become involved contact REVAMP Chairman, Nigel Milway at milway@btinternet.com

About Ampthill.Info

Ampthill.info is a community website with a difference, as it not only provides you with information about our community, but it provides a means of engagement with the 'powers that be' and importantly the tools to empower you as you go about your everyday life. Lofty aims, but this website's new approach provides a fresh perspective on our community. The website contains the following:



Ampthill News

Ampthill Park Proms

Ampthill History

Shops & Businesses

Schools

Leisure & Entertainment

Halls & Places to Meet

Health & Social Care

Environment

Engaging Ampthill

Ampthill Social Networking

Issues Further Afield

Don't Complain, Campaign

Starting a New Group

Communicating Your Message

Influencing Planning Decisions

Ampthill Gallery

Town Twinning

AmpRocks Radio Station

Future Events

Amprocks

Ampthill Town Council

Markets

Sport

Ampthill Music

Tourism

Ampthill Good Neighbours

Churches

Ampthill Councillors Surgery

Around Ampthill Forum

Empowering Ampthill

Standing as a Councillor

Funding Sources

Pride in Ampthill

Tackling Climate Change

Ampthill TV

Ampthill Map

Ampthill Welcome Pack

Ampthill Festival

Informing Ampthill

Local Government

Housing & Development

Voluntary Groups

Young Ampthill

Transport & Parking

Community Safety

Food & Drink

Community Safety Forum/Group

Consultations

Ampthill Town Plan

Volunteering

Ampthill Fundraising Page

Awards

Feeling Disadvantaged

Ampthill Weather

Ampthill Podcasts



Not only can you visit the website but you can follow Ampthill.Info on Facebook

www.ampthill.info

Amphill Welcome Pack produced by Mark

- Lifelong Resident of Amphill
- Attended Russell Lower School (a former Governor), Firs Lower School, Alameda Middle School & Redborne Upper School
- Works for Local Community Development Charity (Community & Voluntary Service)
- After severe illness during the 1990's has been passionate about doing more for the community
- Trustee/Committee Member of the following organisations:
 - Amphill & District Good Neighbours - Founder & Chairman of this community care scheme, whereby those that can help voluntarily offer help to those in need in Amphill, Millbrook & Maulden
 - Parkside Hall - assisting in trying to get a new hall for the town
 - Mid Beds Citizens Advice Bureau - that provides advice on all matters from their base in Amphill. A former volunteer and now trustee
 - Bedford Credit Union - a local financial cooperative run for the benefit of its members that offers secure savings and low cost loans. Now available to all that live Amphill. I was one of those instrumental ensuring this is now available to local residents
 - Amphill Festival Committee Member - for over 10 years, for an event that brings joy to the town each year
- A founder of the new 'Pride in Amphill' Initiative - tidying up our beautiful town
- Awarded the 'Amphill & District Rotary Club Community Service Award 2008'
- Amphill Town Councillor - since 1997
- Amphill Town Mayor - 2005/6
- Mid Beds District Councillor (Independent) - for Amphill & Millbrook - from 2007 to 2009.
- Central Bedfordshire Councillor (Independent) for Amphill, Maulden & Clophill from 2011
- Cllr. Mark Smith website - www.marksmith.org.uk
- Voluntary Webmaster of www.amphill.org.uk - responsible for promoting Amphill's vibrant businesses over the past 10 years
- Voluntary Webmaster of www.amphill.info - the new website that aims to inform, engage and empower the residents of Amphill. Well Worth a look!
- Mark Smith - Passionate about your community - Your Community Champion - working tirelessly for the community all year round



Disclaimer

Every effort has been made to ensure that the content on this Welcome Pack is accurate. The Pack has been created on a voluntary basis, so if you spot any mistakes please let Mark Smith know on **01525 402560** or at mark.a.smith@amphill.org.uk.